

CHADI HATEM

PERSONAL PROFILE

Date of birth : 28 June 1971
Place of Birth : Btater
Nationality : Lebanese
Marital state : Single
Address : Ain El Remeneh, Ghannoum street
Gharazeddine Bldg, 2nd floor.
Phone number : 961-1-289893 961-3-344778
E-mail address: chadihatem@hotmail.com

EDUCATION

B.S Physiotherapy - Lebanese University – Lebanon 1990 -1994

Specialization in Sport Injuries – Rene _ Descartes University –
Paris 1999-2000

D.E.S in Physical Training – Antonine University – Claude
Bernard University – 2006-2008

Masters in Osteopathy – Lebanese University – Lebanon 2011 -
present

Diploma in Nutrition and Fitness – Harcourt Learning Direct USA
2001-2003

Personal training certificate –SPI –Canada 2004

Sports Nutrition certificate – SPI – Canada 2004

Stretching certificate –OPTL-Lebanon 2005

Mechanical Diagnosis and therapy – Lower back spine –certificate
McKenzie Institute –OPTL-Lebanon -1-4 February 2007

Mechanical Diagnosis and therapy –cervical, upper and lower back
spine certificate – McKenzie Institute – OPTL- Lebanon -17-19
august 2007

Mechanical Diagnosis and therapy- cervical ,upper and lower back spine certificate – Mckenzie institute –OPTL- Lebanon -7-10 February 2008

Exercise Physiology certificate- Human kinetics- February 2013

Exercise Nutrition certificate- Canfitpro- March 2013

WORK EXPERIENCE

Almultaka fitness center- Riyadh- Dec 2009- present- Gym Manager

Genesis Health club – Verdun – June 08 –present- Aerobic Coordinator

Genesis Health club – Verdun – June 08 –present- Fitness instructor

Master Trainer Factor F- Radical Fitness- May 2013- present

Radical Fitness – 2010 – present- Master Trainer Ubound, Radkidz

Private clinic Badaro- 2009 – present- Physiotherapy and Personal trainer

LAU – Kraytem – 2008 – present- Human Anatomy and Post Rehabilitation teacher.

Master trainer – Radical fitness Power – May 08- present

Master trainer SPI –Post Rehab, recovery techniques, Aerobic and strength technique courses – July- 07 – present

Master Trainer – Radical fitness –X55 – Fight Do -Nov 08 – present

Saints Joseph University – Mathaf -2003-2012- Physiotherapy 1st year Teacher

Private clinic Ain Remeneh-2003-2009- Physiotherapy & personal trainer

Saints-Coeurs school – Achrafieh – 1996 – 2008 Physical education teacher – Basket ball trainer

Fitness workshop – trainer – al Multaka fitness center – Riyadh -31 – oct,1-3-Nov 07

Fitness workshop – trainer – al Multaka fitness center – Riyadh -31- jan - 1-3-feb 08

Fitness First Gym – Downtown – May 2007 –Dec 2007 Fitness instructor

Life style health club –Manara – April 2003 – 2009 Fitness instructor

Genesis health club –verdun – Feb-2005 – OCT 2007 Fitness instructor

Avalon gym – kraytem – August 2005 –oct 2007 Fitness instructor

Nautilus executive – Dawntown – nov 04 april 07 Fitness instructor

Platinum – mar elias – July 07- Sept 07 Fitness instructor

Escape Gym – mat elias – July 07 sept 07 Fitness instructor

Hoops –Antelias – July 05 March 06 Fitness instructor

Nautilus – mar elias – Nov 04 April 06 Fitness instructor

Pleine Forme Health club owner and manager – Byblos 28/6/03 - 30/7/05

Beirut marathon – Medical team – 10 oct 04

Private clinic – Furn el Chebbak -95-03 Physiotherapist

Patriarchal school – Zquak l blat – 02 – 03 Physical Education Teacher, Basket Ball Trainer

Deir Kalaa country club – Beit Mery Sept 02-sept 03 fitness instructor

Saints Coeurs School – Achrafiyeh – March 01 –March 02 Stretching instructor

Pleine Forme Health club – Byblos – December 2000 –April 2003 Fitness instructor – body building trainer

Prime Health club – Rabieh – Nov 99- June 03 Fitness Instructor

Amicale Health club – Furn el Chebbak -95-2000 Body building Trainer – Fitness instructor

Creneaux Health club – Achrafieh – May 99 –June 99 Fitness instructor

Amicale Basketball team – Physioterapist -98-99

Notre –Dame du Perpetual Secours school – Furn el Chebbak 96-98 physical education teacher basket ball trainer

Centre de medicine physique et sportive – Achrafieh – 95-96 Physiothrapist

Abou Zaraa gym – Hazmieh -94-95 body building trainer

Notre –Dame centre of Physiotherapy – Hadath 94-95 Physiotherapist – Medical gymnastics Instructor

Club Sportif – Furn El Chebbak 92-94 Body Building Trainer

CONVENTIONS/TRAINING

Radical Fitness summit- Athens - October 2012

Radical Fitness summit- Paris - 5-7 May 2011

Radical Fitness summit – Australia – 25 – 30 Nov 09

Radical Fitness Summit – Argentina – 26-28 Sept 08

Radical Fitness –x55 certification – Argentina 22-23-sept 08

Radical Fitness –Fight Do certification – Lebanon -6-7 April 08

Radical Fitness Power classes certification- Lebanon 29-30 march 08

Advanced instructor Module – les Mills program 5-March 07

Pro instructor – Les Mills Program 6-7 march 07

Redbull snow to sea competition – Kayaking march 2006

La Reeducation Proprioceptive Seminar –USJ – Lebanon 25 Feb 06

Physiotherapy and Sport Medicine – lebanon -4 feb 06

Muay Thai seminar – Club Antonines – baabda 11-12-13 nov 05

Step workshop – Hoops – Antelias -11-12-sept 20

Outcome Measurement in physiotherapy workshop – Lebanon 8 sept 05

Mesotherapy Workshop – Lebanon 8 Sept 05

FitPro fitness convention – London ,10/11/12 April 05

Redbull snow to sea competition – Kayaking ,March 05

Kinesiotaping – Lebanon 04

Evaluation at EPS – Lycee Nahr Ibrahim 2004

Redbull snow to sea competition – Kayaking , march 04

Body Training system –Body Combat – Body Pump Body step
Certificate – Lebanon -31 may 03

IFAS Fitness convention - Beirut ,3-4 may 2003

Guidelines in physiotherapy seminar – Lebanon 4-5 sept 04

Reebok Fitness convention – Paris – Lebanon 8 sept 02

What's New in Physiotherapy Seminar – Lebanon 8 sept 02

Sport and Physical Education – College protestant 22-24 oct 01

Physiotherapy for the community service – Lebanon 9 sept 01

Swimming at the EPS – International college – Beirut 4-8-sept 2000

Physiotherapy for sport Trauma – Lebanon 1-2-july 2000

Basket ball session – Ghazir 25-26 march 2000

Training for activities and evaluation on Athletics – Grand lycee
Achrafiyeh 7-10-December 99

International Sportpark Aerobic Festival – Germany 24-26 sept 99

Respiratory and Cardiac Physiotherapy – Lebanon 17-18 july 1999

Basket ball session - Zouk 17-19 June 99

7th International Aerobic Convention – Switzerland 21-24-may 99

Basket ball session – jounieh , 5-6-dec 98

6th International Aerobic Convention – Switzerland 29 may 1 june

Training on collective and dual sports – Grand lycée – Achrafieh 2 -6 feb
98

INTERESTS AND ACTIVITIES

Sports, reading and traveling

LANGUAGES

Arabic – Fluent (Read/spoken/written)

French – Fluent (Read/spoken/written)

English – Fair (Read/spoken /written)